

Bradley Learning Exchange

BRADLEY CONFERENCE • BRADLEY/HASBRO CONSULTATION • BRADLEY ONLINE LEARNING
CENTER FOR EVIDENCE-BASED PRACTICE • DEPARTMENT OF BEHAVIORAL EDUCATION
MENTAL HEALTH FIRST AID



Bradley Hospital
Lifespan. Delivering health with care.®



MENTAL
HEALTH
FIRST AID

These trainings are provided for FREE to Rhode Island school districts, charter schools, state-run schools, and educators through CRF grant funding.

Mental Health First Aid is a public education program that introduces participants to the risk factors and warning signs of mental illness, builds understanding of their impact, and overviews common support. Modules available include: **Youth** (adults assisting youth) or **Adult** (adults assisting adults) and meet all of the requirements of the National Council for Behavioral Health resulting in a 3-year certification.

Classes can be delivered in two different formats:

- **Classroom:** Eight hours of in-person instruction.
- **Virtual:** The newly implemented curriculum consists of two parts (two hours of self-paced training which **must be completed remotely** prior to attending four and a half hours of live training over zoom).

Training Dates

Classroom (8:00a-4:00p)

November 23, 2020 (Youth)
November 24, 2020 (Youth)
November 30, 2020 (Youth)
December 2, 2020 (Youth)
December 4, 2020 (Adult)
December 10, 2020 (Youth)
December 11, 2020 (Youth)
December 17, 2020 (Youth)
December 21, 2020 (Youth)

Virtual (8:00a-12:30p)

December 14, 2020 (Youth)
December 18, 2020 (Adult)
December 21, 2020 (Youth)
December 22, 2020 (Youth)

REGISTRATION: Alyssa at aalba@lifespan.org

ADDITIONAL INFORMATION: Kim Lafountain, LMHC

klafountain1@lifespan.org